

# BREAKFAST MENU

## Sequoia Granola - v, vg, df, gf \$16

Gluten Free Granola Clusters and puffed quinoa served w/ coconut yogurt and berry coulis topped with poached seasonal fruit and toasted seeds

## Omelette's - gf, df optional \$19.5

-Ham or bacon, cheese, tomato, mushroom

-Spinach, cheese, mushroom, tomato (v)

-Salmon, red onion, capers, cream cheese

All omelettes served w/ green salad and relish

## Cheesy Eggs on Toast - gf optional \$12

Two free-range eggs poached, fried or scrambled, served on your choice of ciabatta, wholegrain or gluten free, w/ a side of Relish

## Smashed Avocado \$17.5

Served on wholegrain toast topped with a house made tomato salsa, bacon, free-range egg crumbled feta & dukkah,

## Pancakes -gf optional \$19.5

House made vanilla pancakes served w/ toffee banana, vanilla crème fraiche drizzled w/ caramel sauce, toasted coconut and sliced almonds

## Breakfast Bruschetta \$18.5

Spinach, roasted red onion, tomato, basil pesto, feta and a poached free-range egg on toasted ciabatta

## French Toast \$18

Grilled bacon, toffee banana, strawberry and cream, served with mascarpone

## Big breakfast -gf / v optional, df \$23.5

Free-range eggs, streaky bacon, mushrooms, sausage, hash brown, grilled tomato, served with a side of Sweet Chipotle Relish, Aioli and ciabatta

*Smoked Salmon optional- \$3 extra*

## Creamy Mushrooms \$19.5

-gf/df Optional, v

A duo of mushrooms sautéed in garlic and woody herbs, finished w/ a dollop of crème fraiche and chives served on toasted ciabatta topped with poached eggs, dressed salad, and balsamic glaze

## Acai Bowl -v, vg, df, gf \$16.5

Acai, banana, berries, buckini, coconut water topped w/ our Sequoia Granola, fresh seasonal fruits, and coconut yoghurt

## Sequoia Benny -gf / v optional \$21.5

Two poached free-range eggs served on hash brown, toasted ciabatta, bacon and wilted spinach, topped w/ our house made hollandaise

*Add smoked salmon \$3*

*Add mushroom \$3*

## Sequoia Sanchez \$19.5

- gf /df / v optional

Our spin on a Mexican/Spanish style Huevos Rancheros, toasted tortilla filled with potato, chorizo sausage, roasted peppers, red onion, jalapeno, fresh herbs baked topped w/ two fried eggs and finished with sour cream and sweet chipotle relish

### SIDES

#### All \$5

Streaky Bacon  
Specialty Sausage  
Smoked Salmon  
Calamari

#### All \$4

Grilled Mushroom  
Free range eggs  
Jalapeno bites  
Toasted Ciabatta

Wilted Spinach  
Golden hash browns  
Homemade Croquettes  
Toasted Multigrain

Grilled Tomato  
Onion Rings  
Gluten free bread