



# ALL DAY MENU

- OMELETTE'S WITH WHITE TOAST** - df op. **\$19.9**  
 -Bacon, cheese, tomato, mushroom -Salmon, red onion, capers, cream cheese  
 -Ham, cheese, tomato, mushroom -Spinach, cheese, mushroom, tomato (v)  
 Add salad \$4
- EGGS, BACON ON TOAST** - gf op. **\$19.5**  
 Two eggs your way, bacon, served on your choice of ciabatta, wholegrain or white bread
- EGGS ON TOAST** - gf op. **\$14.9**  
 Two eggs your way, served on your choice of ciabatta, wholegrain or white bread
- SEQUOIA GRANOLA** - gf, df **\$18.9**  
 Gluten Free Granola Clusters, w/ coconut yogurt, berry coulis, seasonal fruit, toasted nuts and seeds, side coconut milk
- BIG BREAKFAST** - gf /df / v op. **\$25.9**  
 Two eggs your way, streaky bacon, mushrooms, sausage, hash brown, baked bean, choice of ciabatta, wholegrain or white bread
- FRENCH TOAST** - gf op. **\$20.9**  
 Ciabatta, Cinnamon, cream, bacon, berry coulis, banana, maple syrup.
- CREAMY CHICKEN AND MUSHROOMS ON CIABATTA** - gf op. **\$22.9**  
 Sautéed mushrooms and chicken breast in garlic and herbs, onion, toasted ciabatta, balsamic glaze  
 Add two poached eggs \$6
- SEQUOIA BENEDICT** - gf / v. op. **\$22.9**  
 Two poached eggs, toasted ciabatta, steakly bacon, hashbrown, wilted spinach, hollandaise  
 Bacon swap to Salmon add \$4 extra Add Salmon \$8 extra
- BLUEBERRY PANCAKES** **\$19.9**  
 House made vanilla buttermilk pancakes, blue berry, banana, berry coulis, maple syrup, toasted coconut and sliced almonds.
- ACAI BOWL** - gf, df, v **\$18.5**  
 Acai, banana, berries, coconut water topped w/ our Sequoia Granola, fresh seasonal fruits, and coconut yoghurt

## BURGERS

- CRISPY CHICKEN BURGER with Chunky Fries** Swap to Kumara add \$3 **\$23.5**  
 Fried chicken breast, Aioli, cheese, caramelized onion, tomato, lettuce, tomato sauce
- BEEF BURGER with Chunky Fries** Swap to Kumara add \$3 **\$25.5**  
 Beef patty w/ BBQ sauce, aioli, lettuce, tomato, caramelized onion, pickles, cheese, tomato sauce
- FISH BURGER with chunky Fries** Swap to Kumara add \$3 **\$22.5**  
 Battered dory, aioli, BBQ, caramelized onion, lettuce, cheese, tomato sauce
- VEGETARIAN BURGER with Chunky** Swap to Kumara add \$3 **\$22.5**  
 Kumara & Chickpea Coconut Pattie, w/ BBQ sauce, aioli, cheese, caramelized onion, tomato, lettuce, tomato sauce

## KID'S MEAL

- Bacon Egg on White Toast
- Chicken Nuggets & Chips
- Fish Nuggets & Chips
- Kid's Pancake
- Baked bean on White Toast



gf- gluten free df- diary free v- vegetarian

**HOISIN PULLED PORK BUN** **\$22.5**  
 Asian style pulled pork served in two steamed bao buns, w/ pickled vegetables, toasted chopped peanuts, crispy shallot and toasted sesame seeds, sesame aioli, hoisin glaze

**FISH AND CHIPS** **\$23.9**  
 Fried in tempura batter dory, w/ chunky fries, garden salad, and tartare sauce, tomato sauce, lemon wedges.

**SALSA AND SMASHED AVO BRUSCHETTA** - gf op. **\$20.5**  
 Poached egg, smashed avocado, salsa mix, crumbled feta & dukkha, Ciabatta *add bacon \$7*

## PASTA OF THE DAY **\$22.5**

<b>SANDWICH</b>	<b>CLUB SANDWICH with chips</b> - gf op. <b>\$17.8</b> Bacon, egg, tomato, lettuce, aioli on buttered white toast, served with chips and tomato sauce.
	<b>OPEN PULLED PORK SANDWICH with Chunky Fries</b> <b>\$24.5</b> w/ pickled vegetables, toasted chopped peanuts, crispy shallot and hoisin aioli toasted focaccia, tomato sauce on side
	<b>OPEN CHICKEN BACON SANDWICH with Chunky Fries</b> <b>\$23.5</b> Grill chicken breast, bacon, w/Smashed avocado, caramelized onion, tomato, lettuce, aioli, jus, cheese on toasted focaccia, tomato sauce on side

**BEEF NACHO** - gf, v optional **\$21.5**  
 House made beef nacho sauce, crunchy corn chips, melted cheese, sour cream and guacamole

**SEASONED WEDGES** - gf **\$18.5**  
 w/ sour cream and sweet chill sauce *add cheese \$3 extra / bacon \$6 extra*

**CHUNKY FRIES** Swap to Kumara add \$4 **\$14.5**

**LOADED CHIPS** Swap to Kumara add \$4 **\$17.9**  
 Top with melted cheese and crispy bacon, serviced with tomato sauce and aioli

**FRIED PLATTER** **\$29**  
 Prawn twister, fish nuggets, samosa, spring roll, Jalapeno poppers, onion rings, chips, w/ Aioli, sweet chilli and tomato sauce



<b>SALAD</b>	<b>THAI BEEF SALAD</b> - df / gf op <b>\$19.9</b> Spiced Thai beef w/ salad green, herbs, Wonton crisps
	<b>GRILLED CHICKEN BACON SALAD</b> <b>\$24</b> w/couscous, roasted broccoli, toasted almond, baby spinach, pesto, fresh thyme, lemon zest, pea puree.
	<b>SEQUOIA HEALTHY BOWL</b> -v. <b>\$24</b> Fresh lemon couscous, roasted seasonal vegetable and baby spinach salad, toasted almond, grilled mushroom, and pea puree, finished w/ a coconut yoghurt dressing

GF bread option extra \$2